

# Ethos and Principles

The Principles of the u3a Movement The u3a movement is non-religious and non-political and has three main types of principle:

## **Lifelong Learning**

- Membership of a u3a is open to all people who have retired from full time work
- Members promote the values of lifelong learning and the positive attributes of belonging to a u3a.

## **Self Help**

- Members form interest groups covering as wide a range of topics and activities as they desire; by the members, for the members.
- No qualifications are sought or offered. Learning is for its own sake, with enjoyment being the prime motive, not qualifications or awards.
- There is no distinction between the learners and the teachers; they are all u3a members.

## **The Mutual Aid Principle**

- Each u3a is a mutual aid organisation, operationally independent but a member of The Third Age Trust, which requires adherence to the guiding principles of the u3a movement.
- No payments are made to members for services rendered to any u3a.
- Each u3a is self-funded with membership.